

## A DOUBT? A RISK?

The only way to know is to get tested!

### WARNING

IF THE RISK OCCURRED WITHIN 72 HOURS, YOU CAN TO GET AN EMERGENCY TREATMENT (PEP) TO SIGNIFICANTLY REDUCE THE RISK OF AN HIV INFECTION.

While waiting to get tested and to rule out an infection, it's important to always use a condom and protect yourself and your partner(s)!

## THE HIV TEST IS THE ONLY WAY TO KNOW YOUR SERO-STATUS AND DETECT AN HIV INFECTION!

Knowing your status allows:

- avoiding any doubt,
- adjusting your behavior,
- accessing treatment in case of a positive result.

The goal is to achieve an undetectable viral load and thereby stop transmitting HIV during sexual intercourse!

### BLOOD DRAW:

A blood sample is taken by a healthcare professional. The window period for blood testing is 6 weeks after the possible HIV exposure, and the result is available within a few days.

### RAPID DIAGNOSTIC TESTING (RDT):

A blood sample is taken from the fingertip by a healthcare professional. The window period for RDT is 12 weeks after the possible HIV exposure, and the result can be read within a few minutes.

### VIDEO :



### HIV SELF-TESTING:

The sample collection, handling, and results reading are performed by you. The window period for self-testing is 12 weeks after the possible HIV exposure, and the result can be read after 20 minutes.

### A NEGATIVE TEST

If the deadlines are properly followed, a negative result means that you tested negative for HIV and are not infected with HIV. However, you will not be protected from a future infection if you do not protect yourself.

### A POSITIVE TEST

Means that the person is HIV-positive and carries the virus. Therefore, they can transmit it as well. A positive test will always be followed by a confirmation test and a blood draw!

In case of a positive result, medical follow-up and treatment can be initiated. In Luxembourg, the specialized service is the "Service National des Maladies Infectieuses" of the CHL.

### RISK SITUATION FOR HIV INFECTION:

BODY FLUID  
+  
BODY OPENING  
+  
CONTACT  
=  
RISK!

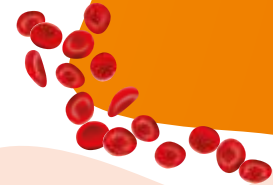
▶ ANY UNPROTECTED SEXUAL INTERCOURSE WITHOUT A CONDOM

▶ ACCIDENTAL OR INTENTIONAL NEEDLE STICK WITH A USED SYRINGE

### IMPORTANT

HIV TESTS DO NOT DETECT OTHER SEXUALLY TRANSMITTED INFECTIONS SUCH AS HERPES, SYPHILIS, CHLAMYDIA INFECTIONS, GONORRHEA, OR VIRAL HEPATITIS !!

## HIV TESTING





### ANONYMOUS AND FREE RAPID TESTING:

#### HIV BERODUNG CROIX-ROUGE

MONDAYS AND WEDNESDAYS  
from 5:00 PM to 7:00 PM

94, bvd Général Patton,  
Luxembourg  
tél. 2755 4500

#### CENTRE LGBTIQ+ CIGALE :

THURSDAYS  
from 12:30 PM to 2:30 PM

16, rue Notre Dame,  
Luxembourg (2nd floor)  
tél. 26190018

#### DIMPS - MOBILE HIV TESTING:

Locations and schedules  
on [www.dimps.lu](http://www.dimps.lu)



### SELF-TESTING

#### PHARMACIES CACTUS SUPERMARKETS

#### HIV BERODUNG CROIX-ROUGE

[hivberodung@croix-rouge.lu](mailto:hivberodung@croix-rouge.lu)



Find all screening locations and  
more information at [aids.lu](http://aids.lu)



## TESTING LOCATIONS

### BLOOD DRAW

without prescription, free and anonymous

#### CHL- SERVICE NATIONAL DES MALADIES INFECTIEUSES

CONSULTATION INFIRMIÈRE IST  
tél. 4411-8348

MONDAY - FRIDAY  
from 7:30 AM to 3:00 PM at Unit 20  
on the 2nd floor

4, rue Ernest Barblé  
L- 1210 Luxembourg

#### LABORATOIRE NATIONAL DE SANTÉ

MONDAY - FRIDAY  
from 7:30 AM to 3:30 PM

#### CENTRE HOSPITALIER EMILE MAYRICH (CHEM) IN ESCH/ALZETTE

MONDAY - FRIDAY  
from 7:00 AM to 5:00 PM

**croix-rouge**   
luxembourgeoise

HIV Berodung